

MAC LESSON 25

PUT YOUR MAC INTO INSTANT SLEEP

Instead of shutting your Mac down whenever you finish using it and then having to wait while your Mac boots up again the next time you start it, you can put it into Sleep mode. One way to do that is to click on the Apple logo and then select Sleep.

Of course there is a faster way using a keyboard shortcut. Press and hold both the Option and The Command keys, and then hold down the Eject key for about two seconds. That's it. Your Mac is in Sleep mode.

